



Life in the Spirit Blog

Preparing Christians and All Who Seek the Truth for Major Events
That Will Take Place in the United
States in the Near Future

March 11, 2025

If You Took the Vax, Your Health is In Danger (PART I)



Source of image: Pixabay

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I. Introduction

If you took the vax, I am sure you meant well, and were following the advice of medical professionals or perhaps friends or family. But it was a mistake, a serious mistake, and a matter of life or death, as you will see in this article.

We all make mistakes; I have made more than my share. But when we make mistakes, it is important to understand them, and remedy them as best we can. I am a scientist with a Ph.D. in Public Policy Analysis and Administration, have spent my career examining public policies and their underlying ideologies, and have learned that is always important to:

- QUESTION EVERYTHING, including this document,
- ALWAYS LOOK AT MULTIPLE SOURCES – government, non-governmental, local, national and international,
- EXAMINE THE CLAIMS – are they true, and has the evidence confirmed their validity?
- BE SKEPTICAL of every claim that something is “scientific”. When opposite sides of an issue claim to be scientific, it is important to dig deeper. Not only can scientific experiments be designed with a predetermined end in mind, but the interpretation of data can be skewed, and SOMETIMES THEY JUST LIE (really),
- FOLLOW THE MONEY and ask WHO BENEFITS, and
- TEST THE SPIRITS – does the proposed action align with the Truth of God’s Word and His Holy Spirit?

Dr. Anthony Fauci, American immunologist, former head of the U.S. National Institute of Allergy and Infectious Diseases, and the national spokesman for Covid-19 and the Covid-19 vaccines, asserted that the vaccines are “safe and effective”.

This is a critical assertion, and millions of Americans took the vaccine and boosters because they believed him, our government, and the mainstream media. But IS THIS TRUE? It has now been five years since Covid-19 hit, followed by the roll-out of the Covid-19 vaccine. So we now have a great deal of experience and data we can learn from regarding this pandemic that greatly impacted our society, causing much disruption and even death to many people.

Since the “vax” (not legally a vaccine) was rolled out, the evidence is overwhelming that the Covid-19 vaccine is neither safe nor effective. But don’t take my word for it. Below are just some of the credible reports from multiple sources that address this issue.

II. Evidence of the Lethality and Damage of the Covid-19 Vaccine

NEWS: FDA Admits COVID-19 mRNA Vaccines Cause Cancer

VAX INJURY & DEATH HAS OUTSTRIPPED THE TOP 5 DEADLY HISTORICAL EVENTS - DR THORP

Japan Officially Names Covid mRNA Vaccine 'Most Deadly Drug in History of Humankind'

In a stunning declaration, Japanese scientists have labeled COVID-19 vaccines the most deadly drug in the history of medicine, asserting that the individuals responsible for this global health crisis must be prosecuted.

What The Media Won't Tell Us: Official Data Shows Alarming Death Surge Only Impacted Covid-Vaccinated - 94% Of Deaths From 2021 To 2023 Were Vaccinated, Just 6% Were Unvaccinated

Absolutely NOT safe and NOT effective: FDA and CDC lied about vaccine efficacy to obtain 'emergency authorized use' (EAU) for highly-suspect human medical experiment using mRNA

- Scamdemic Alert: Gene-tampering Covid jabs offer ZERO safety or effectiveness proof, while causing blood clots around the world
-

More Americans Died Due to Covid 19 Injections Than in WWI, WWII, and the Vietnam War Combined

- The truth about the Covid vax is suppressed because Big Pharma accounts for about 75% of TV advertising.
- Big Pharma research grants also account for about 70% of the articles published in prestigious medical journals.

News: 'Vaccinated' Children 159% More Likely to Catch COVID-19 Than Unvaxxed

Explosive Study: COVID 'Vaccines' Caused 112,000% Surge in Brain Clots: A team of leading American researchers found that Covid mRNA injections carry a risk of brain clots that is 1,119.6 times higher than the flu shot.

Big Pharma-Sponsored Vaccinologist Finally Admits mRNA Shots Are Killing Millions

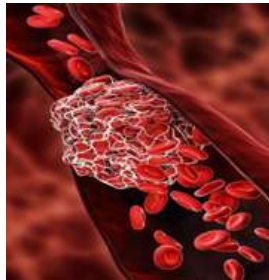
YALE STUDY CONFIRMS ONE BILLION VAXXED NOW HAVE 'FULL BLOWN VAIDS (vaccine-induced AIDS) 'Have you noticed something unusual about the vaccinated? The greyish pallor in the face, the persistent brain fog, the mood swings, the relentless exhaustion, and their struggle

Top Scientists In Japan Have Discovered That The Risk Of Heart Failure Surges By Up To 4,900% After A Person Receives A Covid mRNA Injection

CDC Study Confirms COVID Jab Lowers Male Life Expectancy By 24 Years An official new study has confirmed that men who receive the Covid vaccine will tragically suffer a 24-year loss in their life expectancy.

- An official new study has confirmed that men who receive the Covid vaccine will tragically suffer a 24-year loss in their life expectancy.
- Scientists have analyzed the official data from the U.S. Centers for Disease Control and Prevention (CDC) and the UK government to determine the long-term harms of mRNA jabs.
- The CDC All-Cause Mortality data has shown that each vaccine dose increased mortality by seven percent in the year 2022 compared to the same figures for 2021.

Embalmers Keep Finding Fibrous CV19 Vax Clots – Tom Haviland



- An embalmer from Indiana, Wallace Hooker, was lecturing at an Ohio embalmer's conference in Columbus, Ohio, on the 26th of October in 2022. He was lecturing to a room of about 100 embalmers. He showed them photographs of the white fibrous clots he had been pulling out of his corpses for the last year or so, and he asked by a show of hands how many of you are seeing these white fibrous clots? He said almost the entire room of 100 embalmers raised their hands and said yes. He then asked when did you start seeing them? They all said about six months after the Covid vaccines rolled out."

Self Assembling Nanotechnology and “Rubber Clots” Explained by Dr Ana Mihalcea MD PhD

The Catastrophic Consequences of the mRNA Injections

How the COVID “Vaccines” Cripple the Immune System | Part 1 of 5: Understanding the Immune System

DR. SAYS THE WORLDS' ENTIRE BLOOD SUPPLY IS CONTAMINATED WITH THE SPIKE PROTEIN

Brighteon Broadcast News, Dec 10, 2024 – New study proves that jabbed humans are WALKING BIOWEAPONS that shed toxins to others nearby

[Renowned Oncologist: 'Evil' COVID 'Vaccines' Caused 'Turbo Cancer' 'Explosion'](#)

[Top Cardiologist Drops Bombshell on Sudden Deaths Crisis: 'Vaccines Are the Smoking Gun'](#)

[New Zealand cardiologists concede the simple truth: Spike protein generated by mRNA COVID vaccines is a CARDIOTOXIN a substance capable of causing direct harm to the heart](#)

[Majority of Vaxxed Men Now Infertile as 'Sperm Replaced by Spike Proteins,' German Pathologist Warns](#)

[Yale scientists link Covid vaccines to alarming new syndrome causing 'distinct biological changes' to body](#)

[New peer-reviewed study again confirms childhood vaccines are likely responsible for nearly 80% of the autism cases in US](#)

[Bombshell US House investigative report confirms that almost everything the alternative media said about COVID origins, lockdowns, masks, vaccines and government overreach was TRUE](#)

- Four years after the COVID pandemic nightmare was unleashed upon America by a cabal of junk science tyrants and power-hungry vax-o-crats, the US House has just released a damning, detailed investigative report that reveals the independent media was right all along.
- Mask demands and vaccine mandates were based on junk science.
- Lockdowns were completely made up by self-appointed scientism authoritarians.
- The government covered up the truth and pushed disinformation propaganda.
- Dr. Fauci and others were guilty as hell.
- This investigative report reveals that COVID was a crime scene, and the government conspired with Big Tech and mainstream media to commit numerous crimes of cognitive assault (psyops), medial violence (vaccines) and hospital homicide against the American people.
- Unfortunately, no one can bring back the estimated 1.2 million Americans who were killed by the jabs because they "believed the science."

[CRITICAL Covid Vaccine Information – Joy In The Life](#)

- **FACT: There is ZERO evidence that Covid 'vaccines' are safe and effective!**
- **FACT: These are NOT vaccines! They are gene-modification agents that have a 100% record of failure. All Phase III clinical trials for a coronavirus 'vaccine' have failed over the past 50 years, with all the test animals dying or becoming extremely sick. Those who subjected themselves to this gene-modification agent will suffer permanent, irreversible damage to heart, lungs, brain or spinal cord.**

- **FACT:** The Covid ‘vaccines’ are **LETHAL** and serve only one: depopulation. We will have a [vaccine-induced holocaust](#). People must wake up NOW or tens of millions of people are going to die!
- **FACT:** Former Pfizer vice-president and chief scientist Dr. Michael Yeadon strongly warns humanity not to take the Covid vaccine, and explains in depth why the injections are very dangerous. Watch this [video](#).
- **CONFESSIONS:** Media journalists admit they are trained to lie and betray the public. Watch this [video](#).
- **FACT:** Former Pfizer employee and analyst for the pharmaceutical and medical device industries reveals indisputable documentation about the deadly and dangerous ingredients in the Covid ‘vaccines’ and how Dr. Fauci conspired with CCP bio-weapon labs in Wuhan to commit the most massive attack on humanity the world has ever experienced. Watch this [video](#).
- **FACT:** Salk Institute science paper reveals the Covid spike protein in Covid ‘vaccines’ causes deadly blood clots. Read about this [here](#).
- **FACT:** Pfizer’s vaccine studies are based on **FRAUD** and put lives in danger, warns former Pfizer vice president. Read about this [here](#).
- **FACT:** Dr. Vladimir Zelenko: Vaccines are “poison death shots”. Forcing anyone to take experimental injections is equivalent to genocide. Read about it [here](#).
- **FACT:** 45,000 people who received the covid vaccines were dead in 72 hours! Watch this [video](#).
- **FACT:** CDC and FDA ignore hundreds of thousands of vaccine injuries. Read about it [here](#).
- **FACT:** VAERS data show nearly 4,000% increase in vaccine deaths in 2021 (so far) vs. the entire year of 2020. Read about this [here](#).
- **FACT:** Vaccines contain **MERCURY**, one of the most toxic substances on earth. They also contain foreign RNA and DNA from animals, aborted fetal tissue, aluminum, formaldehyde, and other antifreeze-like compounds. Read more about this [here](#).

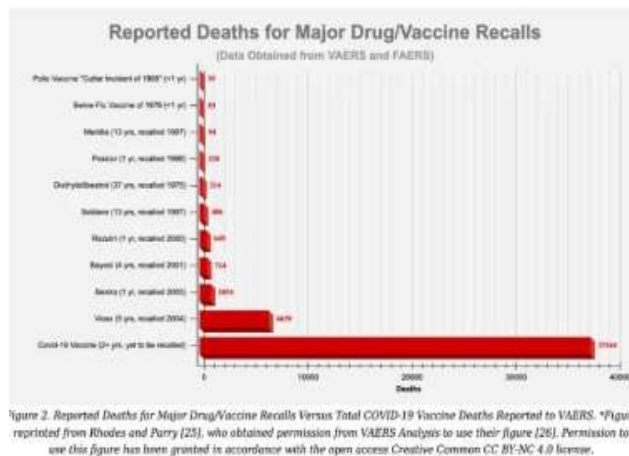
III. Why I Haven’t Seen the Damage?

Questioning everything, as you should, leads to the question – how come I haven’t seen a lot of people around me die from this “vaccine”? I think a primary reason was that hospitals and medical professionals received large financial incentives by the federal government to name illnesses as Covid (to increase fear and motivate people to take the shots), but there is no incentive to identify illnesses or death as related to the Covid “vaccine”. (One hospital classified a man who died from a gunshot wound as a “Covid death” because he exhibited some Covid-like symptoms before he died). And a doctor is not as likely to identify the vaccine as the cause of serious illness and death when it was what he recommended for that patient.

Furthermore, as the “vaccine” lowers the immunity of our bodies, a person may die from cancer or some other illness and be diagnosed as such, but the driver behind it was the impaired immune system of the body, caused by the “vaccine”. I would add that there were different batches of the vaccines, and some were more lethal than others.

One more question: my doctor and the medical establishment all support the vax. Why should I believe these other people? The article below shows that there are many medical professionals and legitimate organizations calling for withdrawing the vax:

[States Moving to BAN' COVID-19' Vaccines after Grievous Harm; Over 81,000 medical professionals, 240 elected officials, and 17 professional organizations are DEMANDING the COVID-19 'vaccine' shots be pulled](#)



IV. Pushback Against the Covid-19 “Vaccine”

Given such deadly con/sequences, we should not be surprised that many medical officials and policy makers are now calling for its withdrawal:

[States Moving to BAN' COVID-19' Vaccines after Grievous Harm; Over 81,000 medical professionals, 240 elected officials, and 17 professional organizations are DEMANDING the COVID-19 'vaccine' shots be pulled](#)

[Kentucky, Montana, Idaho Among States Looking to Ban mRNA Vaccines](#)

[BREAKING - Ireland joins international initiative of 11 States calling for a suspension of modern mRNA vaccines, citing serious health concerns.](#)

[Peer-reviewed study demands immediate withdrawal of COVID-19 vaccines, citing unprecedented risks and failures](#)

[A wave of anti-vaccine legislation is sweeping the United States](#)

[States Are Banning COVID-19 Vaccine Requirements](#)

[FLORIDA LEGISLATURE STANDS UP FOR FLORIDIANS, REJECTS UNLAWFUL VACCINE MANDATES](#)

[Louisiana forbids public health workers from promoting COVID, flu and mpox shots](#)

[Why the Anti-Vaccine Movement Is Getting Stronger](#)

[Trump Administration Health Officials Push for Covid Vaccine Suspension Amid Safety Concerns: Report](#)

[Germany joins European cohort in halting AstraZeneca coronavirus vaccinations](#)

[CHD calls on FDA to immediately take COVID vaccines off the market](#)

[The David Declaration calls for a moratorium on COVID-19 vaccines.](#)

V. Strategies to Detox from the Jab

So if you took the shots, when can you do about it? See the articles below:

[Detox: Strategies for Counteracting Harmful Effects of COVID-19 "Vaccines"](#)

- The Basic Protocol and the Advanced Protocols in this article can be used by both the vaccinated and the unvaccinated. I use all of these basic protocol ingredients to target and destroy the Covid virus and all other viruses, sickness and diseases from all different angles possible.
- In my home country, about 85% of the population (including adults and school aged children) have been double-jabbed, tripled-jabbed or even quadrupled-jabbed with the AstraZeneca, Pfizer and Moderna clot-shots. So, you can imagine, everyone you meet every day is a potential spike protein and graphene oxide super spreader.
- A number of times I have picked up the Covid virus with symptoms ranging from coughing, flu-like symptoms, headaches, running noses, etc. But with each time I have managed to shake them off and recover within 1 to 2 weeks. The protocol I use daily includes chlorine dioxide, pine-needle tea, coconut oil, boron solutions, and many more, described in this article.

NOTE: Some of these protocols are inexpensive and easy to use.

[Zeolite – Best Vaccine Detox To Safely Remove Mercury And Possible Graphene Oxide](#)

[Groundbreaking Study Discovers ‘Off-Switch’ for mRNA COVID-19 Injections](#)

[America’s Frontline Doctors Early Treatment Protocol and Contact a Physician \(2022\)](#)

[Dr George Fareed and Dr Brian Tyson Early Treatment Protocol \(2022\)](#)

[Dr Peter McCullough Early Treatment Protocol \(2022\)](#)

[Zelenko Protocols COVID-19 Prophylaxis and Treatment \(June 2022\)](#)

[Dr. Ryan Cole Protocol: COVID-19, Vitamin D, Ivermectin, Vaccinations, Children, Immune System Boosting Tips](#)

[Important Proven Solutions to keep from getting sick even if you received the mRNA shot](#)

[What you can do if you took the vax](#)

[Detox Protocols](#)

VI. Summary

We are facing the biggest public health catastrophe in the history of the world, which threatens and destroys the lives and livelihoods of millions and billions of people across the globe. Actions we can take:

1) Seek the truth (which will set us free – John 8:32) and understand the times so you will know what to do:

“The sons of Issachar had understanding of the times, [and knew] what Israel ought to do.” *I Chronicles 12:32*

2) If you have taken the vax (or even if you haven’t) review the options for detox and take action; they are good to address the vax and as defense against shedding from others.

3) Because we live in a time of massive deception, it is imperative that we draw close to the Lord for discernment, peace, joy, and guidance.

“Trust in the Lord with all your heart, and lean not on your own understanding; in all your ways, acknowledge Him, and He shall direct your paths.” *Proverbs 3:5-6*

4) Watch for PART II, which will be coming out soon: “If You Took the Vax, YOUR

SOUL is in Danger”. There is a critical element to the Covid-19 vax – the eternal dimensions and consequences of the mRNA “vaccine”, including a key action step. It is vitally important, and you won’t want to miss it.

Be bold. Be strong. Be courageous and walk with the Lord.

Mark

Mark Peterson, Ph.D.